



**Public Health**  
Prevent. Promote. Protect.

# DELAWARE COUNTY PUBLIC HEALTH SERVICES

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## PRESS RELEASE

FOR IMMEDIATE RELEASE

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### Coronavirus Disease 2019 (COVID-19)

Currently, Delaware County has one confirmed positive case of COVID-19. The individual is in mandatory isolation and contacts of this individual have been contacted and are under mandatory quarantine requirements.

The 2019 Novel (New) Coronavirus is spread person to person by droplets when coughing. It can cause an illness ranging from mild to severe. This virus causes a disease called COVID-19 and can lead to fever, cough and shortness of breath.

In roughly 80% of those who become infected with COVID-19, symptoms will be mild and resolve without hospitalization. Older adults and persons who have severe underlying chronic medical conditions like heart, lung disease or diabetes seem to be at a higher risk for more serious complications from COVID-19. People who are at higher risk are encouraged to avoid crowds as much as possible.

#### PREVENTION

To prevent spread of this virus, the flu and other respiratory illnesses, individuals are encouraged to:

- Wash hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based sanitizer with at least 60% alcohol.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.

- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surface

If you have any of the COVID-19 symptoms (cough, fever, trouble breathing or pneumonia) talk to your primary care provider. Do not come to the emergency room unless there is a pressing emergency.

For general information about COVID-19 please call the New York State Department of Health 24/7 hotline at 1-888-364-3065. For more information about COVID-19 you can visit <http://delawarecountypublichealth.com/>, <https://www.health.ny.gov/diseases/communicable/coronavirus/> and <https://www.cdc.gov/coronavirus/2019-ncov/about/index.html>

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