

## How To Apply

Call Delaware County Public Health

Heather Warner  
Health Education Coordinator  
99 Main Street  
Delhi, NY 13753  
Phone: 607-832-5200



### PROGRAM REQUIREMENTS

Attend at least 4 program tobacco cessation sessions before you deliver your baby.

Quit tobacco and stay quit before your baby is born.

Agree to take a monthly breath test/saliva test to prove you are tobacco free.

After the baby is born, stay tobacco free and receive a monthly voucher for FREE DIAPERS, up to six months after the birth of the baby.

## Application

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

County \_\_\_\_\_

Phone (daytime) \_\_\_\_\_

Email (optional) \_\_\_\_\_

Your Baby's Due Date \_\_\_\_\_

Amount of cigarettes smoked daily \_\_\_\_\_

## Agreement

I \_\_\_\_\_ (print name), am voluntarily participating in the "BABY & ME - Tobacco Free" Program. I understand that to receive the vouchers for free diapers I must submit this application, participate in the tobacco control smoking cessation program, quit smoking and stay quit, and agree to a monthly breath test. I understand that I may be contacted by the program coordinator and asked questions regarding the program. I verify my contact information on my application is correct.

Signature \_\_\_\_\_

Date \_\_\_\_\_



For more information contact:

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Quit Smoking  
Get Free Diapers